

Deal Parochial Church of England (Aided) Primary School

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Newsletter Term 2 2016

Dear Parents / Carers

Welcome to term 2 here at Deal Parochial School. I hope you all had a refreshing and relaxing week with your children.

This term is notoriously packed with so many exciting events and celebrations as we build up to the Christmas season.

Prior to this we do have a number of educational and creative events for all the pupils.

Thank you to all the children who have already returned their own Diwali type Mandala homework design. These will form a display at the school entrance for children to express their own creativity and unique spiritual path. It is not too late to join in.

Events this term

The whole school will be raising our awareness of anti –bullying / positive friendships during National Anti-Bullying Week starting on Monday 14th November 2016.

Each class will explore age appropriate issues and strategies through their Personal, Social and Health Education. The title for the week this year is “The Power of Good”. This makes very pertinent connections with our own school Christian values – **Kindness, Trust, Friendship, Courage and Forgiveness**. Pupils will explore contemporary themes that are relevant to their own lives which prepare them for challenges that can occur. This is all part of our yearly programme for keeping children safe and developing their awareness.

Cancellation of KS1 Football Club

Currently Mr Perry is unable to run the Monday KS1 after school football club due to illness, therefore the club is cancelled until further notice. We are sorry for any inconvenience caused and we will inform parents by letter when the club due to start up again.

Green Day

Parents / carers / grandparents and friends, we need your help and energy in our forthcoming Green Day. Saturday 12th November 2016.

On the morning of Saturday 12th November, we are giving the outside grounds a face lift and pamper session that requires as many ground force volunteers as possible to help out.

Mr Knight is a superb caretaker, I am sure you will all agree he manages our large school site so that it always looks its best. However, we want to improve the general appearance of the school grounds. I am asking all our families to give us support. It is your chance to really become part of the school and invest your time in our school improvement.

We hope to paint all the wooden sheds and planters, be creative in the courtyard area and move some of the heavy play equipment about. We have purchased some different coloured outdoor paints and wood

treatments with brushes and equipment. We will hire a skip for rubbish and now we just need you; a willing army of adults and children to come to school for a couple of hours on Saturday 12th November to be the “Ground Force” army.

The school grounds will be open for work from 9:30am until 12 noon. Please come along and lend us your energy, ideas and enthusiasm. Refreshments will be available. If you have gardening equipment, protective gloves, old work clothes to wear and any spare paint brushes to assist in this effort, they would be most welcome.



Healthy Eating

Last term Miss Cronin gave a lively presentation all about how sugar can be the cause of a number of poor health related issues. She demonstrated how much sugar is in fizzy drinks and showed our pupils alternative food and drink that are equally tasty.

Over the year Miss Cronin will be continuing to raise awareness to healthy eating options and the detrimental effects too much of anything can have on our bodies.

Please support the school by abiding to the school guidelines for healthy eating.

- Play time snacks must be fruit.
- All children must bring a bottle of fresh water to school every day. No diluted squash or fruit juice please as this is additional sugar that will impact children's concentration.
- Lunch time packed-lunches may contain a dessert type biscuit, but should not be sweets or chocolate bars. As we know all children will naturally yearn for treats and those unhealthy snacks, but it is our responsibility to guide children and keep them healthy.

I think we all recognise that too much salt, sugar and a lack of water can drastically effect children's concentration, their self-image and well-being. There can be long time health implications such as obesity, diabetes, and heart disease that medical scientists associate with poor diets packed with sugars, synthetic processed foods, fats and salt. At this school we are promoting moderation and awareness so that children can make informed, healthy choices to give them the best life chances.

BOOK FAIR – HELD IN THE SCHOOL HALL 3:15 – 4:00PM this week

Please come and join in the book fair which is taking place after school Monday to Thursday this week. You will be able to purchase from a range of exciting new authors and titles.

Please look in your child's book bag for the next addition of **"Digital Parenting"**.

This is a magazine for parents promoting e safety. It provides a wealth of information, web sites with the most recent issues and support for parents as we try to guide and support our children through how to use social media, how to raise an alarm, how to keep yourself safe. Our aim is to provide strategies that will give all our children the correct knowledge and guidance on what to do, how to behave and conduct themselves in the digital world we live in.

I am certain there are many more class events that you will receive letters about and I will keep you up to date on plans for Christmas Nativity plays, dinners, silly jumper days and the whole tinsel-tastic fun!

I look forward to catching up with you all over the course of the term.

A moment for reflection

**Lord,
you have crammed the world full of things to discover and learn.
Teach us that the excitement of discovery never ends.
Amen**

I hope we all have a productive, creative and collaborative term ahead.

Yours sincerely

Justine Brown
Head teacher

