



WildBeach Parent Information

WildBeach is a programme run by the Guardians of the Deep project. Thanks to funding from the Heritage Lottery fund it is free for your child to attend.

The WildBeach programme consists of a 2 hour session on the beach once a week for half a term. While on the beach your child will participate in activities and games to teach them about their local marine environment, but also encourage team work and help build their self-confidence. It is our hope that after 6 weeks your child will be comfortable on the beach and more interested in the natural world around them.

The ethos of WildBeach is based on that of the Forest Schools; child-led and hands on learning. No child will be forced to participate in an activity they do not want to, and we hope that this flexible approach during each session will encourage your child to learn at their own pace, whilst also gaining confidence in their own abilities.

With the guidance of WildBeach tutors the children will set the health and safety boundaries themselves at the start of each session, although all activities have been independently risk assessed by the Guardians of the Deep team. Safety of your child is our highest priority and all WildBeach staff are First Aid trained and DBS checked. A first aid kit will be on site at all times, but please do make sure staff are aware of any relevant allergies or medical issues your child might have.

The children will be outdoors for each session, so we advise that they wear/bring the following:

Every week:

Sturdy footwear – wellies are best
A spare pair of socks – in case of paddling
Waterproofs
Drinks

During cold weather

Long trousers & a warm jacket
Hat, scarf & gloves

During warm weather

Sunhat & sun cream

Toilet facilities are available at some sites, but not all.

Please let us know about any allergies or health issues before the day and ensure that children have required medication with them (to be supervised by their group leaders).

Children often learn a lot more than is immediately obvious. If you have the ability and the time, we encourage you to take a trip to the beach with your child and see what they can teach you about the shore. You might learn something new too!

We hope you are excited about your child participating in the WildBeach programme and we look forward to meeting them soon.

