



# Parent and Carer support groups

Introducing our new style support groups and with our new Family Support officer

Each session we will have a key focus and offer either a workshop or a speaker to better inform parents and carers

Our focus this time will be finding out what you would like the future groups to focus on

We still intend for the group to be an informal and inclusive space where parents and carers can meet other people and make friends



Rainbow Centre, Great Chart Bypass, Ashford	The Village, Denmark St, Folkestone	Aspen SMILE Centre, Whitfield, Dover
27th September	4th October	11th October

All sessions are from 10am to 12 noon

Please let us know if you plan to attend so we can make sure we can accommodate your needs.

Contact—[familysupport@includesus2.org.uk](mailto:familysupport@includesus2.org.uk)

If you're not a member of Includes Us 2, please go to our website or join here-

[Membership Application Form \(jotform.com\)](https://includesus2.org.uk/membership-application-form)

## Please note

Ashford—We are able to provide hot drinks

Folkestone- we can only provide hot drinks if children are not attending.

Dover— We are able to provide hot drinks.

We will provide biscuits at all of our meetings.