



Menu November 2022 - March 2023

Week One

31 Oct, 21 Nov, 2 Jan, 23 Jan, 20 Feb, 13 Mar

Week Two

07 Nov, 28 Nov, 9 Jan, 30 Jan, 27 Feb, 20 Mar

Week Three

14 Nov, 05 Dec, 16 Jan, 6 Feb, 6 Mar, 27 Mar

Day	Option 1	Option 2	served with	Option 3	Dessert
Monday	Jacket Potato with Cheese & Beans	Tomato Pasta	Chunk of Bread Peas & Sweetcorn	Jacket Potato with Cheese & Beans	Frozen Mousse Fresh Fruit/Jelly/Oaty Apple Bar
	Veggie Burrito	Vegan Burrito	Savoury Rice Mixed Salad	Jacket Potato with Cheese & Beans	Ice Cream Pot Fresh Fruit/Jelly/Oaty Apple Bar
	Pizza	Roasted Vegetable Pasta Bake	Jacket Wedges Peas & Sweetcorn	Jacket Potato with Cheese & Beans	Frozen Mousse Fresh Fruit/Jelly/Oaty Apple Bar
	Bolognese	Veggie Bolognese	Pasta Carrots & Green Beans	Jacket Potato with Cheese & Beans	Chocolate Cake & Chocolate Sauce Fresh Fruit/Jelly/Oaty Apple Bar
	Savoury Mince with a Pastry Top	Veggie Mince with a Pastry Top	Creamed Potatoes Mixed Vegetables & Broccoli	Jacket Potato with Cheese & Beans	Ginger Cake & Orange Sauce Fresh Fruit/Jelly/Oaty Apple Bar
Tuesday	Roast Pork & Gravy	Veggie Meatloaf	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Jacket Potato with Cheese & Beans	Cookie Fresh Fruit/Jelly/Oaty Apple Bar
	Roast Turkey with Stuffing & Gravy	Carrot & Lentil Bake	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Jacket Potato with Cheese & Beans	Apple Flapjack Fresh Fruit/Jelly/Oaty Apple Bar
	Roast Gammon & Gravy	Crunchy Veg Crumble	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Jacket Potato with Cheese & Beans	Shortbread Fresh Fruit/Jelly/Oaty Apple Bar
	Fish	Roasted Vegetable Tart	Creamed Potatoes Sweetcorn & Salad	Jacket Potato with Cheese & Beans	Jammie Pinwheel Fresh Fruit/Jelly/Oaty Apple Bar
	Pork Meatballs	Veggie Meatballs	Pasta Carrots & Green Beans	Jacket Potato with Cheese & Beans	Raspberry Buns Fresh Fruit/Jelly/Oaty Apple Bar
Wednesday	Baked Sausages	Quorn Sausage	Chips/Pasta Baked Beans & Peas	Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly/Oaty Apple Bar
	Fish Fingers	Veggie Nuggets	Chips/Pasta Baked Beans & Sweetcorn	Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly/Oaty Apple Bar
	Fish Fingers	Veggie Nuggets	Chips/Pasta Baked Beans & Sweetcorn	Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly/Oaty Apple Bar
	Sausagemeat Pie & Gravy	Quorn Sausage Roll	Boiled Potatoes Mixed Vegetables & Broccoli	Jacket Potato with Cheese & Beans	Krispie Cake Fresh Fruit/Jelly/Oaty Apple Bar
	Fish	Roasted Vegetable Tart	Creamed Potatoes Sweetcorn & Salad	Jacket Potato with Cheese & Beans	Jammie Pinwheel Fresh Fruit/Jelly/Oaty Apple Bar
Thursday	Baked Sausages	Quorn Sausage	Chips/Pasta Baked Beans & Peas	Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly/Oaty Apple Bar
	Fish Fingers	Veggie Nuggets	Chips/Pasta Baked Beans & Sweetcorn	Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly/Oaty Apple Bar
	Fish Fingers	Veggie Nuggets	Chips/Pasta Baked Beans & Sweetcorn	Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly/Oaty Apple Bar
	Sausagemeat Pie & Gravy	Quorn Sausage Roll	Boiled Potatoes Mixed Vegetables & Broccoli	Jacket Potato with Cheese & Beans	Krispie Cake Fresh Fruit/Jelly/Oaty Apple Bar
	Fish	Roasted Vegetable Tart	Creamed Potatoes Sweetcorn & Salad	Jacket Potato with Cheese & Beans	Jammie Pinwheel Fresh Fruit/Jelly/Oaty Apple Bar
Friday	Baked Sausages	Quorn Sausage	Chips/Pasta Baked Beans & Peas	Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly/Oaty Apple Bar
	Fish Fingers	Veggie Nuggets	Chips/Pasta Baked Beans & Sweetcorn	Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly/Oaty Apple Bar
	Fish Fingers	Veggie Nuggets	Chips/Pasta Baked Beans & Sweetcorn	Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly/Oaty Apple Bar
	Sausagemeat Pie & Gravy	Quorn Sausage Roll	Boiled Potatoes Mixed Vegetables & Broccoli	Jacket Potato with Cheese & Beans	Krispie Cake Fresh Fruit/Jelly/Oaty Apple Bar
	Fish	Roasted Vegetable Tart	Creamed Potatoes Sweetcorn & Salad	Jacket Potato with Cheese & Beans	Jammie Pinwheel Fresh Fruit/Jelly/Oaty Apple Bar



Suitable for Vegetarians



Suitable for Vegans & Vegetarians



Contains Fish

All items are subject to availability

Bread, Salad and fresh drinking water are available with every meal

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