

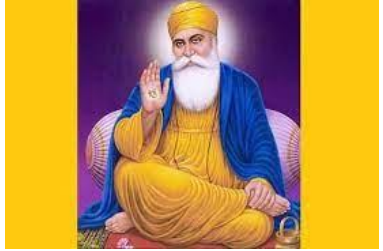


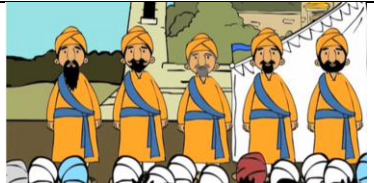





Sikhi	Guru	Guru Nanak
		
The name of the religious community Sikh people they belong.	A personal religious teacher and spiritual guide in Sikhi faith.	Guru Nanak, the founder of the Sikh religion, received messages from God to teach people how to follow a simple faith.

Il Onkar	Amrit	Khalsa
		
A Sikh symbol showing that there is only one God.	The Amrit Ceremony is the initiation rite to welcome Sikhs into the Khalsa	A group of Sikhs who have performed Amrit and can then wear the 5Ks

5Ks	Guru Granth Sahib	Turban
		
Khalsa Sikhs wear five symbols – called the five Ks, to show their devotion to Sikhism. The boys outline the 5 Ks and what they signify. They are Kara, Kachera, Kirpan, Khalsa, Kesh and Kanga.	The Guru Granth Sahib is the Sikh holy book. It contains the messages of all the Gurus. It is covered by a rumala when not in use	A piece of cloth wrapped around Sikh men's heads to protect their uncut hair.

